

SPIRIT UPON ME

Luke 4:18-19 NIV - The Spirit of the Lord is on **me**, because he has anointed **me** to proclaim good news to the poor. He has sent **me** to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favor.

DESCRIPTION

In order to do the works that Jesus did, we need the Holy Spirit to come upon us. There are numerous examples from the Old Testament of the Spirit of the Lord coming upon normal people to give them supernatural power to fulfill God's work.

Now that the Holy Spirit has been poured out from heaven, the Spirit of the Lord comes to dwell inside of us when we believe Jesus. This is the internal anointing. When the Holy Spirit comes upon us at certain times in powerful ways to aid us in the works of God's Kingdom, it is the external anointing. Both the internal and external anointing are the Spirit of the Lord but they function in different ways for God's purposes.

It is by the Spirit coming upon us believers that they proclaimed the Gospel, prophesied, spoke in other tongues, healed the sick, cast out demons, and raised the dead. The Spirit of the Lord comes upon us today for the same purposes and more. This said, God's power is not to be used for the fulfillment of our own personal aims or for the manipulation of events. It is for the work of God and glorifying the name of Jesus.

Practicing Spirit upon Me is about engaging with the external anointing of God by inviting the Holy Spirit to come upon us as we fulfill God's purposes in the earth.

PRAYER

Father, I believe that you have anointed me to work the works of Jesus with your power from heaven. Allow me to experience your Spirit coming upon me so that I may move in your power and purposes. In Jesus' name, Amen.



PURPOSE:

To understand and experience the Spirit of the Lord coming upon us.

To work the works of Jesus by His guidance and power.

SPIRITUAL FRUIT:

Power of the Holy Spirit.

Increased faith and power for miracles.

Deeper experience of God's work for us and through us.

CONSIDERATIONS



In your life with the Holy Spirit, have you experienced more of God's internal power or His external power?

In what ways have you experienced the power of God coming upon you? What was this like for you?

In what ways do you think approaching the Holy Spirit **only** for internal power could be beneficial? Lacking?

In what ways do you think approaching the Holy Spirit **only** for external power could be beneficial? Lacking?

What do you think is the right approach to fulfilling God's purposes in cooperation with both the internal and external power? How will this affect your approach to the Holy Spirit?

PRACTICE

1. Read through the list of Additional Scriptures.
 - Take note that the power of God did not come upon anyone to fulfill their own selfish desires but to fulfill God's purposes.
2. Ask God to reveal to you a situation in your life in which He desires to pour His Spirit upon you to help you.
 - For example, living by faith in His salvation, deliverance, healing, miracles, or any other situation in your life.
 - Ask the Lord to give you one or two Scriptures for this area. (Note: Using only one or two will focus your faith.)
3. In your times of prayer, invite the Holy Spirit to come upon you. Say, "Holy Spirit, clothe me with power from heaven."
 - Briefly wait for anything the Lord may do or say before you begin to enter into prayer.
 - As you pray, alternate between speaking your Scriptures, singing your Scriptures, and speaking/singing in tongues until you sense the presence or power of God.
4. Once you sense the Spirit of the Lord upon you, listen to the Holy Spirit and do whatever you sense He tells you to do.
 - Praise God for what He does! To Him be all glory!

ADDITIONAL SCRIPTURES:

Acts 1:8

Acts 2:1-13

Acts 4:8, 31

Acts 9:17

Acts 10:38

Luke 11:13

Old Testament Examples:

Judges 3:10,
6:34, 11:29,
13:25, 14:6, 19,
15:14

1 Samuel
10:1,6,9; 11:6,
16:13

Numbers 11:16-
30

NOTES: _____
