

## INSTRUCTIONS

Sometimes, we find ourselves wanting or needing to align or re-align our lives with God and His purposes. It is important to seek God's guidance and be willing to do whatever is required of us to get in step with Jesus.

Use the following as a guide to help you pray and seek God. Write down a summary of your perception of God's responses of each of the following questions/prayers.

### 1. What is God's purpose for you?

**i Prayer:** God, show me Your purpose for me. Show me where my life is out of alignment with Your purposes and help me to align with Your will for me. Guide me, protect me, and give me the strength and courage to submit myself to Your will for me, no matter what it takes.

*Philippians 2:13 - For it is God who works in you to will and to act in order to fulfill his good purpose.*

*Psalms 37:23 NLT - The LORD directs the steps of the godly. He delights in every detail of their lives.*

### 2. How has your unique journey/history prepared you for God's purpose?

**i Prayer:** God, show me how You can use the experiences I have had so far for Your Kingdom. Thank You that You are redeeming my past to bring You glory. Thank You that nothing is ever wasted with You and You are always moving forward.

*Romans 8:28 - And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

### 3. How has God designed you? What has He designed you for?

**i Prayer:** God, You created me and You know me better than I know myself. Show me what You designed me for and what You have called me to be and to with my life.

*Psalms 139:13-16 - For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.*

### 4. Where does God want you to be?

**i Prayer:** God, where do You want me to be in this stage of my life? Is there anywhere You want me to go short-term, long-term or permanently?

*Isaiah 30:21 - Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it."*

## 5. How does God want you to interact with your family, spouse, children, etc?

**i Prayer:** God, show me how to be a better spouse and parent. Show me how to honor my parents.

*Colossians 3:18-21 - Wives, submit yourselves to your husbands, as is fitting in the Lord. Husbands, love your wives and do not be harsh with them. Children, obey your parents in everything, for this pleases the Lord. Fathers, do not embitter your children, or they will become discouraged.*

*Ephesians 6:2 - "Honor your father and mother"--which is the first commandment with a promise.*

## 6. What are the recurring difficulties in your life? How does God want to stop this cycle?

**i Prayer:** God, show me my unique pattern of temptation and my areas of weakness. Forgive me for my errors and sins. Break me free from myself. Strengthen me to make new choices to honor You.

*1 Corinthians 10:13 - No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.*

## 7. How does God want to release you from burdens, bitterness, or wounds from the past?

**i Prayer:** God, help me to forgive those who have hurt me. Help me not to hold a grudge. Wash me so I can be clean. Heal my heart and heal my body.

*Psalms 34:18 - The LORD is close to the brokenhearted and saves those who are crushed in spirit.*

*1 Peter 2:23-24 - When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. "He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed."*

## 8. How does God want you to balance work/tasks and rest?

**i Prayer:** God, show me the rhythm You want for my life and how to fulfill my responsibilities. Help me to say "no" to things You do not want me to do and "yes" to things You want me to do.

*Matthew 11:28-30 - "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."*

## 9. How will God provide for this?

**i Prayer:** God, give me the faith to know that You will provide for me when I am aligned with You.

*Matthew 6:33 - Seek first his kingdom and righteousness, and all these things will be given to you.*

*Romans 13:8 - Let no debt remain outstanding, except the continuing debt to love one another.*

## 10. What is the next step God wants you to take?

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